

Do you like playing sports, skating, bike riding, or doing tricks on a trampoline? With training, the human body can do amazing feats of strength, endurance, grace, and precision. Olympic athletes show off Jesus' amazing design when they swim fast, lift heavy weights, do flips in the air, or spike a volleyball. And did you know...

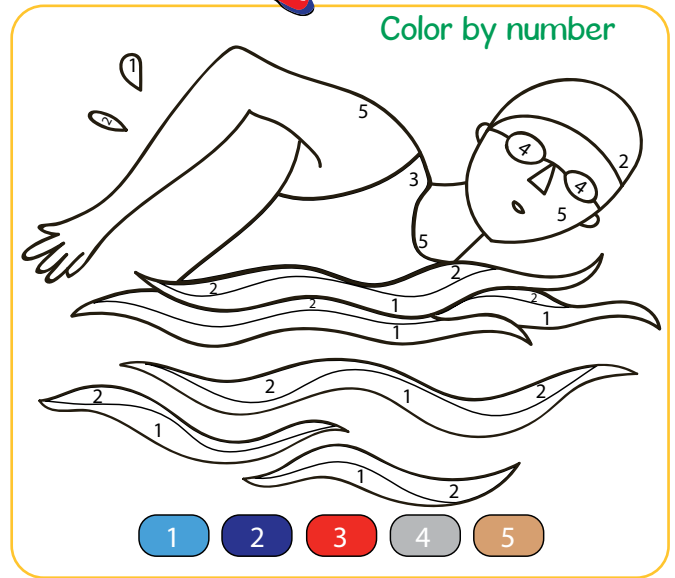


"I will _____ You because I am fearfully and wonderfully _____."

Psalm 139:14

Answers: praise, made

- ✓ One extreme athlete, Dean Karnazes, tested the human body's limits when he ran 50 marathons across all 50 states in 50 days.
- ✓ In 1980, Minoru Yoshida of Japan set a world record when he did 10,507 push-ups.
- ✓ Sarah Thomas was the first person to swim across the English Channel four times without stopping—even after being stung on the face by a jellyfish!
- ✓ When athletes who are blind or missing a limb compete in the Paralympic Games, they showcase the human body's incredible ability to adapt to challenges.
- ✓ When you challenge your body with new skills, you display God's amazing design, too!



Parachute out of the sky and find your way through land and water, and up the mountain to the flag.

