Creation Kids

Pumpkins



God gives us many reasons to be thankful for pumpkins! These festive squashes are native to North America, and over a billion pounds are harvested in the U.S. each year. The planting season usually begins in summer, and pumpkins are popular as the weather gets cooler. Did you also know...

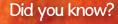
- Pumpkins are super-healthy food. They're full of essential vitamins and minerals, fiber, and protein. The seeds are good for you, too!
- There are over 100 varieties of pumpkins. They come in all sorts of colors, like orange, green, white, yellow, pink, and blue.
- Pumpkins grow from the flowers of their plants, which makes them a type of fruit.
- The world's largest pumpkin was over 2,702 pounds.

Circle five differences in the pictures below.





DESIGNED BY SUSAN WINDSOR



Pumpkins are known as winter squash because they have a firmer rind than summer squash, like zucchini. This allows them to be stored during the cold months.

Name That Pumpkin

Many pumpkins have silly names. Which of the options below isn't a variety of pumpkin?

Autumn Gold Knucklehead

Cinderella's Carriage Polar Bear

Long Island Cheese

Polar Bear

Pumpkin Spice

Blue Doll

Goosebumps

Munchkin

